

# SEAMAN JUNIOR VIKING BASEBALL CAMP

**May 29 –May 31 (Tue-Thu)**

Rainout Make-Up Date: Friday, June 1

**Grade 1<sup>st</sup> - 4<sup>th</sup> 8:30am – 10:00am - \$50**

**Grade 5<sup>th</sup> - 8<sup>th</sup> 10:15am – Noon - \$50**

**JOHN LEWIS FIELD – NORTH TOPEKA OPTIMIST  
50<sup>TH</sup> ROCHESTER RD – ACROSS THE STREET FROM SEAMAN HIGH SCHOOL**

*In the event of rain or poor weather conditions please have indoor shoes for gym use.*

## CAMP INSTRUCTION WILL INCLUDE

- FUNDAMENTALS OF THROWING & CATCHING
- HITTING DRILLS – SOFT, FRONT & FLIP TOSS
- DEFENSIVE SKILLS – INFIELD & OUTFIELD PLAY
- BUNTING TECHNIQUES
- BASE RUNNING
- FUNDAMENTALS FOR PITCHERS & CATCHERS
- HUSTLE & POSITIVE ATTITUDES
- SKILL COMPETITIONS
- CAMP INSTRUCTORS: Seaman Staff, Players & Alumni

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Name \_\_\_\_\_ Grade \_\_\_\_\_ (Entering next fall)

E-Mail \_\_\_\_\_ Contact #: \_\_\_\_\_

T-Shirt Size: (circle one) Youth: M L Adult: S M L XL

Make checks payable to: ***Seaman Baseball***

Cost: **\$50**

**Mail to:** Steve Bushnell 3917 NW Cherry Creek Dr. Topeka, KS 66618

**Registration Deadline:** Friday, May 25, 2018