

## Seaman USD #345 Food and Nutrition Services Catering Guide

Seaman USD#345 Food and Nutrition Service is happy to present the following food items that are available for building meetings and functions. It is designed to give you a reference of the many and varied menu choices available to you. We hope this will serve as a guide when you are planning meetings and special events. In addition, we would be happy to provide breakfast, lunch or dinner for athletic and school activity groups. **Two weeks prior notification is required.** Contact the Food Service office (575-8650) if you wish to order or arrange for a special catered function.

### SPECIAL PARTY TRAYS

**(Trays only, no plates or table service included in the price listed)**

Meat & Cheese	Sliced Ham, turkey, and beef plus cheeses thinly sliced and arranged on platters. Includes crackers or bread, salad dressing, mustard. (3 oz. per serving)
	12 servings            \$21.00
	22 servings            \$38.50
	30 servings            \$52.50
Cheese Tray	Choice of (3): Cheddar, Pepper Jack, Colby or Swiss 3 oz each, 3 varieties, cubed
	18 servings            \$24.30
	25 servings            \$33.75
	30 servings            \$40.50
	With Crackers            add .25/serving
Veggie Tray	Choice of (3): Vegetables plus Pickle & Olives
	18 servings            \$22.50
	25 servings            \$31.25
	30 servings            \$37.50
	Ranch Dip (2 cups)    \$2.00
Fruit Tray	Choice of (3): In Season Fruit (3 oz or ½ cup per person arranged on platter)
	18 servings            \$25.20
	25 servings            \$35.00
	30 servings            \$42.00
Fresh Fruit Pieces (apples, oranges, bananas, grapes, pears)	.50 each
Fresh Fruit (cubed, bulk, 32 half cup servings)	\$16.00 per gallon

### **HOMEMADE BAKED GOODS**

Dinner Breads	Dinner Rolls (1.5 oz) or cocktail buns	\$2.40/dozen
	Buns – hamburger or coney bun	\$3.6/dozen
	French Bread – 20 oz loaf	\$1.75
	Sliced and Garlic Buttered/Loaf	\$3.00

### **SWEETS FOR THE SWEET**

Cinnamon Rolls	Mini (1.5 oz)	\$4.50/dozen
	Large (1 to 5 dozen)	\$5.50/dozen
	Large (6 or more dozen)	\$5.00/dozen
Coffee Cake	Full Sheet Pan, 60-70 Servings	\$20.00
	Half Sheet Pan , 30-35 Servings	\$14.00
Quick Breads	Banana (16 slices per 1 lb. loaf)	\$3.00/dozen
Muffins	Blueberry, Lemon Poppyseed, Banana, Chocolate Chip,	
Chocolate Chocolate Chip		
	1 to 5 dozen	\$4.50
	6 or more dozen	\$4.00
Cookies	Chocolate Chip, Sunflower Seed, Oatmeal Raisin, Sugar,	
Chocolate Crackle (3 inch diameter)		
	1 to 5 dozen	\$3.50
	6 or more dozen	\$3.00
Bar Cookies	Frosted Brownies or Lemon Bars	
	Full Sheet (50 to 70 servings)	\$22.00/sheet
Sheet Cakes, Frosted	Full, 60-70 servings	\$20.00
	Half, 30-35 servings	\$14.00
Cupcakes		\$4.00/dozen
Pies	Pecan, Chocolate, Lemon, Coconut Meringue (cut 8's)	\$10.00 each

### **BEVERAGES**

(Includes sugar, sugar substitute, creamer, cups, stirrers & napkins)

Coffee \$5.00/gallon

1 gallon = 16 each 8 oz servings  
1.5 gallons = 24 each 8 oz servings  
2 gallons = 32 each 8 oz servings  
2.5 gallons = 40 each 8 oz servings  
3 gallons = 48 each 8 oz servings  
4 gallons = 64 each 8 oz servings  
5 gallons = 80 each 8 oz servings

Iced Tea \$3.75/gallon

Lemonade \$5.00/gallon

Punch \$4.75/gallon

Ice Ring \$5.00 each

Juice Apple, Grape, or Orange Preportioned 4 oz each .30

Canned Soda with Ice \$1.00/can

### **OTHER ITEMS**

Cheese Ball Serves 20-25 (2.5 lb ball) \$20.00  
With Crackers \$22.00

Cocktail Smokies in Sauce (6 each per person) \$2.75 per person

Mexican Dip Layered Dip – Beans, Guacomole, Lettuce, Sour Cream  
Chopped Onions, Tomatoes, and Sliced Black Olives  
With Tortilla Chips (serves 15) \$22.50  
To serve 22 \$30.00  
Extra Tortilla Chips \$2.00/Bag

Salsa & Chips ½ cup per person with chips \$1.25/serving

Sandwiches Hoagie (3 oz meat, 1 oz cheese, lettuce, tomato, pickle) \$2.75  
Each

Baked Beans 4 (1/2 cup) servings/lb \$2.50/lb

Chili 16 (8 oz servings) \$22.00/gallon

Salads

Coleslaw 4 (1/2 cup) servings/lb	\$1.50/lb
Fruit Cup (bulk) - 4 (1/2 cup) servings/lb	\$2.50/lb
Potato Salad - 4 (1/2 cup) servings/lb	\$1.95/lb
Pasta Vegetable Salad - 4 (1/2 cup) servings/lb	\$2.50/lb
Meat Salads - Chicken, Ham, Seaflake (6 servings per lb)	\$5.00/lb

Trail Snack Mix

Cereals, Raisens, Chocolate Candies	
Bulk (12 - 1/2 cup servings per lb)	\$3.75/lb
Individual 1/2 cup with lid	\$6.00 per dozen

Condiments

Oleo Pats, Ketchup, Mustard, Sugar, Sugar Substitute Packets,	
Non Dairy Creamer Packets	.05 each
Salad Dressing Packets	.25 each
Salad Dressing per Cup	\$2.00 per cup

**PAPER PRODUCTS**

Napkins

Dinner or Beverage	.05 each
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Disposable Trays

5 Compartment	.10 each
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Disposable Plates

6 inch	.05 each
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9 inch	.07 each
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10 oz bowl	.05 each
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Plasticware

(medium weight forks, knives, spoons)	.05 each
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Disposable Cups

Hot Cups 6 oz	.05 each
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Clear Plastic Tumbler	.08 each
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Translucent 16 oz	.08 each
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**BREAKFAST MENU SUGGESTIONS**

Breakfast Buffet

Served on Disposable Plates  
 Fruit Cup (1/2 cup), Juice (4 oz), Scrambled Eggs, Sausage  
 Patty (1 each), Spudster potatoes (5 each), Cinnamon Rolls,  
 Coffee, Water \$4.00/person

Extra Sausage Patty or Bacon	.40 each
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Breakfast Casserole Shredded hash browns, Sausage, Eggs, & Cheese  
 \$1.35/serving

Biscuits & Gravy  
 \$1.35/serving

Yogurt/Granola 8 oz granola with individual granola pack  
\$1.50/serving

Cereal Bars \$1.00 each

Labor charges will apply for day school not in session

### **LUNCHEON SPECIALS**

**Adult Boxed Lunch** Includes hoagie sandwich, potato salad, lettuce/tomato, chips, fruit, cookies (2) and individual water \$5.00

**Food Bar Choices (All meals served buffet style on disposable paper products)**  
**\$4.50 per person**

**Seaman Chili Meal** (includes 1 cup chili per person, cinnamon rolls, veggies and dip, shredded cheese for the chili, & cut fresh fruit)

**Taco Bar** (includes meat, beans, lettuce, tomato, cheese, olives, chips, sour cream, salsa)

**Potato or Pasta Bar** (potato or pasta, Vienna bread or Rolls, and choice of 4 toppings:  
Meat sauce, marinara, cheese sauce, broccoli, cheese sauce, taco meat, grated cheese, sour cream

**Chicken or Seaflake Salad** (3/4 cup per person), Lettuce, Tomato, Pickle, Asst. Breads (sliced breads and buns)

**Chef Salad** (Pre-portioned) with Cheese, Ham and asst vegetable toppings. Salad dressing on the side, Roll

Pie \$1.00 per slice

### **\$5.25 PER PLATE MEAL SELECTIONS**

Spaghetti with Meat Sauce, Hot Vegetable, Tossed Salad or Fruit Cup, Roll, Dessert

BBQ Pork on Bun, Baked Beans or Potato Salad, Relishes with Dip and Dessert

Lasagna, Tossed Salad, Vienna Bread, Dessert

Glazed Ham Slice, AuGratin Potatoes, Tossed Salad or Fruit Cup, Rolls, Dessert

Dessert: Choice of Pie, Cake, or 2 Cookies per serving